

# PIANO OLYMPICS

Overview of skills covered in the Russian technical regimen.

|                                       | Level |   |   |   |   |   |   |
|---------------------------------------|-------|---|---|---|---|---|---|
|                                       | 1     | 2 | 3 | 4 | 5 | 6 | 7 |
| Single note scales                    |       |   |   |   |   |   |   |
| Broken chords                         |       |   |   |   |   |   |   |
| Chromatic scales                      |       |   |   |   |   |   |   |
| Block chords                          |       |   |   |   |   |   |   |
| Russian broken chords                 |       |   |   |   |   |   |   |
| Arpeggios                             |       |   |   |   |   |   |   |
| Scales in double octaves              |       |   |   |   |   |   |   |
| Scales in broken double octaves       |       |   |   |   |   |   |   |
| Scales in double 3rds                 |       |   |   |   |   |   |   |
| Scales in minor chromatic double 3rds |       |   |   |   |   |   |   |
| Scales in double 6ths                 |       |   |   |   |   |   |   |
| Double sixth chromatic scales         |       |   |   |   |   |   |   |

You can find the Piano Olympics Manual, as well as Peskanov videos of some elements, at <https://peskanov.com/products/piano-olympics-manual>